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## GUIDING STATEMENTS

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### *Vision*

**We envision a Camden community transformed by its capacity to understand, heal from, and prevent trauma**

### *Mission*

**To equip Camden community members and service providers with the knowledge, tools, and resources needed to make Camden trauma-informed**

### *Principles*

1. What happens to Camden's children, youth, and adults matters to all of us. We have a deep commitment to Camden and understand that our wellbeing is tied to the wellbeing of others in the community.
2. We know that trauma can impact anyone, so we endeavor to be inclusive in our approach.
3. We recognize and strive to address the role that historic and systemic violence and concentrated urban poverty has played, and continues to play, in creating and perpetuating intergenerational trauma among communities of color, in particular.
4. We view our community through an asset-based lens and our work seeks to build from existing assets. The trauma we experience, individually, in organizations or as a community, is important, but does not define us or limit our potential.
5. We believe that organizations and communities working together are more effective than they are working alone, which is why collaboration and partnership are central tenets of our approach. As such, all Healing10 participants can and should feel shared ownership over our work.
6. Healing10 will embrace measurement and learning, using data to inform decision-making whenever possible. In all cases, decision-making within Healing10 will be transparent and discussed collectively.
7. We embrace *The Center for Non-Violence and Social Justice's* definition of trauma, which describes "experiences or situations that are emotionally painful and distressing, and that overwhelm people's ability to cope."
8. We recognize that traumatic experiences in childhood can have a profound impact on biopsychosocial health, behavior and social consequence across the lifespan.

9. We recognize that resilience occurs over time through ordinary means, drawing on strengths in individuals, families, schools, and neighborhoods. We can promote resilience through promoting the strengths and positive experiences of Camden residents and their communities.
10. We acknowledge that trauma is emotionally demanding and therefore self-care for those living and working in the community may need to be intentional